



His Eminence Garchen Rinpoche

Garchen Children's Practice

At the

Drikung Dharma Surya Center

5300 Ox Road

Fairfax, VA 22030

drikungdharma.org

gar.kids.ddsc@gmail.com

Sundays at 10 AM to 12 Noon
Children Ages: 5 to 12 Years
(flexible)



Children's Opening Day - Sunday, March 13, 2016



Plan of Activities

- Yoga Exercises
- Opening Prayers and Chanting
- Meditation
- Story Time
- Dharma Discussion
- Creative Activity
- Closing Dedication Prayer



GCP teachers are senior DDSC practitioners with demonstrated experience in public school & children community teaching, as well as, authoring children's books and education materials. GCP program is under the guidance of H.E. Garchen Rinpoche and DDSC temple spiritual director.

Mission: To encourage our kids in the study of the fundamental tenets and practices of Buddha Dharma, and recognize and appreciate values of love, compassion, joyfulness and meaning in everyday life

Free!
Courtesy to Sunday Practitioners

REGISTER NOW!

in-person Saturdays and Sundays 9 AM ~ 5 PM at DDSC

Further details and application forms on the DDSC website

Or request forms by email: gar.kids.ddsc@gmail.com

Volunteer teacher assistants are always gratefully welcomed!