

Drikung Dharma Surya Center
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BUDDHISM 101

The fundamental Buddhist principles that can be applied to everyday life

8-Classes with emphasis on Meditation

Based on the text book authored by Khenpo Samdup

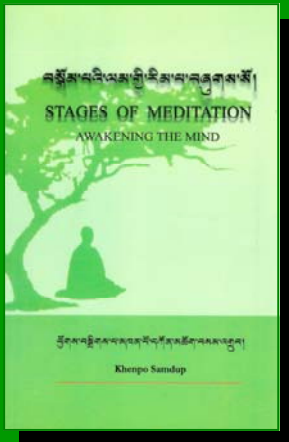
Stages of Meditation *Awakening the Mind*

Presented by DDSC Senior Lay Teachers

Teachings will be in English

Under the guidance of DDSC Spiritual Director

Venerable Khenpo Samdup



EVERY SATURDAY EVENING

7 ~ 9 PM

8-Session Topics:

12-Deeds of the Buddha
Refuge
Four Noble Truths
Four Thoughts That Turn the Mind
Karma, Cause and Effect
Love, Compassion and Bodhicitta
Two Truths
Buddha Nature



Senior Lay Practitioner
Lance David
Bergerson

Registration

Suggested donation:

\$60 in advance of 8-classes (all charge cards accepted)

\$10 each individual class

No one turned away for lack of funds

To register and request info please contact:

ddsc.buddhism101@gmail.com

Tri Bui: 703.926.1423

Lance David Bergerson: 443.794.5560

Everyone is Welcome!

Beginners
Advanced Practitioners
Teenagers
Young Adults
Working Adults
Students
Seniors